Publications in Peer-reviewed Journals and Scientific Presentations 2008 – Present


List of Scientific Presentations at the various international scientific meetings during 2008 – present


11. Amagase H and Handel R. “Clinical Effects of Combining A Liquid Dietary Supplement Containing A Combination of Indigestible Soluble Fiber, Phenylalanine, N-Acetyl-L-Tyrosine, Tea Extract with Polyphenols and Caffeine and Lycium barbarum (TAIslim®), Glucomannan fiber-Containing Chew (TAIslim® SKINNY) and Meal Replacement Shake (TAIslim® SHAKE) on Appetite and Gastrointestinal Parameters: A Randomized, Placebo-controlled, Blinded Human Clinical Study” Abstract #213403, OBESITY 2010, 28th Annual Scientific Meeting of The Obesity Society, San Diego, October 8-12, 2010.

12. Amagase H and Handel R. “Caloric Expenditure is Stimulated by a Single Bout of Lycium barbarum Combined With Indigestible Fiber, or Combination of These in Various Food Forms Indicated by Resting Metabolic Rate in Healthy Adult Humans” Abstract #213380, OBESITY 2010, 28th Annual Scientific Meeting of The Obesity Society, San Diego, October 8-12, 2010.


15. Amagase H and Handel R. “Comparison of Various Preparations of Gynostemma pentaphyllum (Jiaogulan) and its Main Active Constituents, Gynenoside Saponins, on Resting Metabolic Rate: Controlled Human Clinical Study” FASEB J. 2010; 24:lb264.


27. Amagase H and Handel R. “Randomized, blind, placebo-controlled human clinical studies showed waist circumference reduction by an intake of standardized Lycium barbaram fruit juice” at the 26th Annual Scientific Meeting of Obesity Society in Phoenix, AZ, October 3-7, 2008.

28. Amagase H and Nance DM. “Improvement of Sleep Quality by a Standardized Lycium barbaram Fruit Juice Shown in a Randomized, Double-blind, Placebo-controlled Human Clinical Study” at 7th Joint Meeting of GA, AFERP, ASP, PSI & SIF in Athens, Greece, August 3-8, 2008.


